

Occupational health management system. The one place that manages organises, file and plan your company's medicals.

BENEFITS OF CARE NET ONLINE

1. All fitness certificates and supporting documents is available online from a Laptop or Tablet
2. Secure filling
3. Faster availability of medical certificates
4. Reporting online
5. Occupational risk diseases identified and reported
6. Referral management
7. Executive reports available instantly
8. System notify in advance before medicals expire
9. Improved planning on medical surveillance
10. Manage single, multiple or different sites from a single application

CARE NET
CONSULTANTS
Occupational Health and Safety Products & Services

Username

Password

LOGIN

TO GET A CALL BACK: Email: sales@carenetconsultants.co.za - Call: 060 997 1833 - sms "medical" to 33000, see our "Contact Us" page for more options.



Log on to Care Net Online: www.carenetconsultants.co.za
"Click on the tab for the login screen to view your files"



After medical surveillance has been completed depending on the risk of the employee his/her medical will become available online.

from

to

Demo Company A

Name

Surname

ID

SEARCH

Fit for employee

| Name | Surname | ID number | Medical date | Status | Medical expiry date | |
|-------|---------|---------------|--------------|--|---------------------|--|
| Peter | Fourie | 6806201002000 | 08 Mar 2016 | Fit for duty as per job description | 08 Mar 2016 | |
| Jakes | Mandla | 7203083006000 | 08 Mar 2016 | Fit for duty as per job description | 08 Mar 2016 | |
| Wiets | Botha | 7905203006000 | 14 Mar 2016 | Fit for duty - subject to further review | 01 Jul 2016 | |

Medicals can be viewed according to company, site or even groups of companies

Download medical fitness certificates, Annexure 3, Lung Function Reports, Audio Screening, Vision Screening, Chest X-Rays reports with the touch of a button.



FIT FOR EMPLOYMENT CERTIFICATE

CARE NET CONSULTANTS

CERTIFICATE VALIDITY PERIOD: FROM 13-10-2015 to 13-04-2016

| | | | |
|-------------------|---------------------------|----------------------|--------------------|
| Medical type: | Entry medical | Medical description: | General medical |
| EMPLOYEE DETAILS: | Name of firm: (S) 0431795 | | |
| Company name: | Baco Hardware-Vaal | ID No.: | 4202154201883 |
| First name: | Glen | Job description: | Truss Plant |
| Surname: | Poo | Site no.: | Baco Hardware-Vaal |

FITNESS FOR DUTY RECOMMENDATION (According to the available information the employee is)

Fitness category: **Fit for duty - subject to further review**

Comments: **Review necessary 04/04/2016**

TESTS PERFORMED DURING MEDICAL SURVEILLANCE

| | | | | | |
|-------------|----------|------------------|----------------------|-------------|----------|
| Auditory: Y | Sight: Y | Vision/Colour: Y | Vision/Perception: Y | Multitap: Y | Other: - |
|-------------|----------|------------------|----------------------|-------------|----------|

EXCLUSIONS (Employee not included from these areas)

| | | | |
|------------------------|---|---|---|
| Name | - | Driving (Codes: A, A, B, B, E, B) | - |
| Niles Jones | - | Driving (Codes: C, C, C, C, C, C, C, C) | - |
| Prescription eye-lense | - | Control of vehicle | - |
| Heart stress tests | - | Other | - |

REFERRALS (Employee with referred for further investigations to)

| | | | |
|--------------------------|---|----------------------------------|---|
| Cardiothoracic physician | - | Specialist Physiotherapist | - |
| Specialist | - | Social work (EAP / Psychologist) | - |
| Otorhinolaryngologist | - | E-Ray / Radiologist | - |
| Pathologist | - | GNP | - |
| Other | - | N/A | - |

SPECIAL TESTS PERFORMED AND NOTES

I hereby give permission that the above information may be forwarded to the employer / manager and acknowledge that the Certificate of Fitness has been handed to me to use as my Employee

| | | |
|-----------------------------------|--------------------------|----------------------|
| 13-04-2016 | MD Mashaga | CP Gross-Thompson |
| Place / Return date | Name of examiner | Name of GNP |
| Signature of Employee | Signature of Examiner | Signature of GNP |
| Current Certificate No: 011012797 | Issuing Council: 1488388 | SAHSA: 1441276 |
| | 102 104 Road | 102014-1701208 |
| | 14160000 No. 1224 | MP Reg. No. - 019192 |

List of medical surveillance summary

| No. | Name | Surname | Date of birth | Age | Job specification | Medical type | Medical description | Date of medical | Expiry date of medical | Review date | Fitness status |
|-----|-----------|--------------|---------------|-----|---------------------|--------------|---------------------|-----------------|------------------------|-------------|--|
| 1 | Simon | Mosia | 06-05-1962 | 54 | Driver | Periodical | General | 13-10-2015 | 13-04-2016 | 13-04-2016 | Fit for duty - subject to further review |
| 2 | Glen | Poo | 02-04-1992 | 24 | Truss Plant | Entry | General | 13-10-2015 | 13-04-2016 | 13-04-2016 | Fit for duty - subject to further review |
| 3 | Andries | Sekoto | 16-06-1968 | 47 | Operator | Periodical | General | 13-10-2015 | 13-10-2016 | N/A | Fit for duty as per job description |
| 4 | Samuel | Makonyane | 02-08-1980 | 35 | Driver | Periodical | General | 13-10-2015 | 13-10-2016 | N/A | Fit for duty as per job description |
| 5 | Alex | Masiu | 08-03-1992 | 24 | Assistant Driver | Entry | General | 13-10-2015 | 13-10-2016 | N/A | Fit for duty as per job description |
| 6 | Thomas | Suyukha | 15-12-1991 | 24 | General Worker | Entry | General | 13-10-2015 | 13-10-2016 | N/A | Fit for duty as per job description |
| 7 | Abraham | Vilakazi | 16-06-1959 | 56 | Yard General Worker | Entry | General | 13-10-2015 | 13-04-2016 | 13-04-2016 | Fit for duty - subject to further review |
| 8 | Elias | Mafole | 17-02-1985 | 31 | Assistant Warehouse | Periodical | General | 13-10-2015 | 13-04-2016 | 13-04-2016 | Fit for duty - subject to further review |
| 9 | Andries | Marais | 06-01-1976 | 40 | Forklift Driver | Periodical | General | 13-10-2015 | 13-04-2016 | 13-04-2016 | Fit for duty - subject to further review |
| 10 | Themba | Sauli | 24-06-1954 | 61 | General Worker | Entry | General | 13-10-2015 | 13-10-2016 | N/A | Fit for duty as per job description |
| 11 | Wellen | Barend | 13-03-1981 | 35 | Operator | Periodical | General | 13-10-2015 | 13-10-2016 | N/A | Fit for duty as per job description |
| 12 | Ian | Barnard | 21-11-1985 | 30 | Operations Manager | Periodical | General | 13-10-2015 | 13-10-2016 | N/A | Fit for duty as per job description |
| 13 | Lazarus | Masiteng | 27-08-1975 | 40 | General Worker | Periodical | General | 13-10-2015 | 13-10-2016 | N/A | Fit for duty as per job description |
| 14 | Thomas | Mokerella | 28-10-1981 | 34 | Driver Assistant | Periodical | General | 13-10-2015 | 13-10-2016 | N/A | Fit for duty as per job description |
| 15 | Sylvester | Xaba | 27-01-1992 | 24 | Driver | Entry | General | 13-10-2015 | 13-10-2016 | N/A | Fit for duty as per job description |
| 16 | Julie | Meijer | 27-07-1961 | 54 | Sales Rep | Periodical | General | 13-10-2015 | 13-04-2016 | 13-04-2016 | Fit for duty - subject to further review |
| 17 | Gert | Van Rensburg | 26-03-1975 | 41 | Senior Sales | Entry | General | 13-10-2015 | 13-04-2016 | 13-04-2016 | Fit for duty - subject to further review |
| 18 | Matthys | Pieters | 29-10-1958 | 57 | Manager | Periodical | General | 13-10-2015 | 13-10-2016 | N/A | Fit for duty as per job description |
| 19 | Petrus | Mbele | 27-11-1970 | 45 | General Worker | Periodical | General | 13-10-2015 | 13-10-2016 | N/A | Fit for duty as per job description |
| 20 | Henrie | Pieterse | 11-03-1980 | 36 | Security | Periodical | General | 13-10-2015 | 13-10-2016 | N/A | Fit for duty as per job description |
| 21 | Stephen | Lethebe | 05-02-1967 | 49 | Driver | Periodical | General | 13-10-2015 | 13-10-2016 | N/A | Fit for duty as per job description |
| 22 | Alfred | Tlou | 13-06-1971 | 44 | Operator | Entry | General | 13-10-2015 | 13-10-2016 | N/A | Fit for duty as per job description |
| 23 | Ben | De Klerk | 27-10-1966 | 49 | Sales Rep | Entry | General | 13-10-2015 | 13-10-2016 | N/A | Fit for duty as per job description |

CARE NET CONSULTANTS Occupational Health and Safety Products & Services LOG OUT

FIT FOR EMPLOYEE DETAILED **REFERRALS** ABNORMALITIES EXCO

from

to

Demo Company A

Name

Surname

ID

SEARCH

Referrals

| Name | Surname | Gender | Clock | Date | Status | |
|-------|---------|--------|----------|-------------|--|---|
| Jakes | Mandla | Male | Clock001 | 08 Mar 2016 | Fit for duty as per job description | ↓ |
| Wiets | Botha | Male | CN001 | 14 Mar 2016 | Fit for duty - subject to further review | ↓ |

Manage employees that where referred, no more lost referral letters

CARE NET CONSULTANTS Occupational Health and Safety Products & Services LOG OUT

FIT FOR EMPLOYEE DETAILED REFERRALS **ABNORMALITIES** EXCO

from

to

Demo Company A

Name

Surname

ID

SEARCH

Abnormalities

| Name | Surname | Gender | Clock | Date | Status | Abnormality |
|-------|---------|--------|-------|-------------|--|-------------|
| Wiets | Botha | Male | CN001 | 14 Mar 2016 | Fit for duty - subject to further review | Diabetes |

Clearly see which employees suffers from Occupational Abnormalities, now you can manage those employees and ensure they are regularly going for check-ups and on the correct medication the reduce the risk associated with the condition.

| from | | 04/03/2016 | | | | |
|----------------|--------|------------|-------|-------------------|--|--|
| to | | 04/04/2016 | | | | |
| Demo Company A | | | | | | |
| SEARCH | | | | | | |
| Detailed | | | | | | |
| Date | Tested | Fit | UnFit | | | |
| 08 Mar 2016 | 2 | 2 | 0 | ↓ | | |
| 14 Mar 2016 | 1 | 1 | 0 | ↓ | | |

Detailed reporting of each employee

The following people have been medically examined by Carenet Consultants:

| No. | Name | Surname | Date of Birth | Age | Job Specification | Date of Medical | Expiry Date of Medical | Review date | |
|--|-------------------------------------|---------|---------------|-----|--------------------------|-------------------------|------------------------|---------------|-----------------------|
| 3 | Andries | Sekoto | 16-06-1968 | 47 | Operator | 13-10-2015 | 13-10-2016 | N/A | |
| Medical type | Periodical medical | | | | Blood Glucose Results | Audio Screening Outcome | PLH Left | PLH Right | Category |
| Medical description | General medical | | | | | Normal | 3.1 | 3.1 | 2 |
| Fitness status | Fit for duty as per job description | | | | Lung function outcome | FVC % | Smoker | BMI | Blood pressure |
| Psychological fitness | N/A | | | | Normal | 84 | Yes | 20.52 | Abnormal |
| OHP/OMP Recommendations | | | | | Vision Screening Outcome | Left /# | Right /# | Colour Vision | Glasses worn |
| | | | | | Snellen - Normal | 5 | 5 | Abnormal | No |
| | | | | | Multi Drug Test Outcome | Vaccinations | X-rays | Urine Results | Referral Letter Given |
| | | | | | N/A | N/A | N/A | Normal | No |
| Additional Tests Performed and Outcome | | | | | | | | | |
| N/A | | | | | | | | | |

CARE NET CONSULTANTS Occupational Health and Safety Products & Services LOG OUT

FIT FOR EMPLOYEE DETAILED REFERRALS ABNORMALITIES **EXCO**

from

to

Demo Company A

SEARCH

Exco

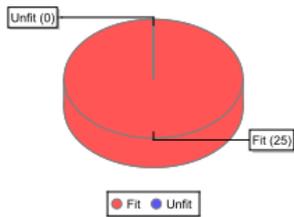
| Date | Tested | Fit | UnFit | |
|-------------|--------|-----|-------|---|
| 08 Mar 2016 | 2 | 2 | 0 | ↓ |
| 14 Mar 2016 | 1 | 1 | 0 | ↓ |

Executive reports which assist in management meetings, company planning and employee wellness

2. OCCUPATIONAL MEDICAL FINDINGS

2.1 Fit for employment outcome

Total number of employees tested: 25

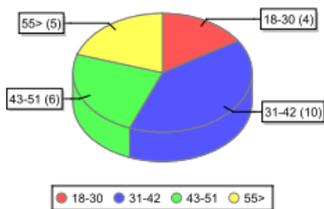


2.2 Age profile

Age distribution is of great importance to a company with regards to human resources and production planning. A few factors to take into consideration regarding age are:

- Physical abilities of employees usually decline from 45. This should be kept in mind when work is allocated to an employee. If hard physical labour is a requirement, the age profile of a company should be evaluated on a regular basis.
- Chronic diseases become more prominent in an ageing workforce.
- By implication an ageing workforce have a significant exposure history.
- On the other hand, though, older employees often have other advantages for a company like skills and psychological stability.

| 18 - 30 | 31 - 42 | 43 - 54 | 55 > |
|---------|---------|---------|------|
| 4 | 10 | 6 | 5 |



2.3 Restrictions

Employees referrals monitoring is one of the key elements in the medical surveillance program. All employees referred must supply the Employer with a letter from a medical

Abnormal audio test results 2

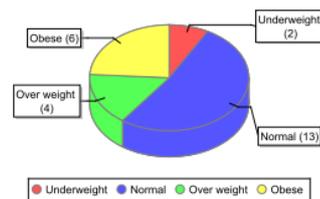
| No. | Name. | Surname | Date of Birth |
|-----|-------|--------------|---------------|
| 1 | Simon | Mosia | 06/05/1962 |
| 2 | Gert | Van Rensburg | 26/03/1975 |

Abnormal lung function test results 1

| No. | Name. | Surname | Date of Birth |
|-----|--------|---------|---------------|
| 1 | Samsom | Mlambo | 11/08/1956 |

2.4 Other findings:

BMI Results:



Smoker demographics:

